Chapter - 1 Social Work: The Art and Science of Problem Solving
1.1 Categorizes psycho-social problems.
1.2 Identifies social work as a problem solving profession.
1.3 Clarifies various misconceptions related to social work.
1.4 Examines the scope, characteristics and objectives of social work.
1.5 Recognises the principles of social work.
1.6 Differentiates the methods of social work.
1.7 Lists the professional characteristics of social work.
1.8 Identifies the skills and qualities of a social worker.

Chapter - 2 Origin and Development of Social Work
2.1 Differentiates basic concepts related to social work.
2.2 Examines the evolution of social work in different countries.
2.3 Evaluates the contribution of various disciplines to social work.

Chapter - 3 Fields of Social Work
3.1 Identifies the fields of social work.
3.2 Identifies the roles and functions of social worker in different settings.

Chapter - 4 Human Rights and Social Legislations
4.1 Differentiates the concept of equity and equality.
4.2 Recognizes the concept of social justice and its importance.
4.3 Identifies the issues related to Human Rights.
4.3a Examines the application of social work in protecting human rights.
4.4 Infers social work as an empowering approach.
4.5 Locates the social capital in his/her community life.
4.6 Identifies and evaluates laws that safeguard common people from injustice.
CHAPTER - 5 FUNDAMENTALS OF SOCIAL LIFE
5.1 Identifies the concept of society and its characteristics.
5.2 Differentiates types of community.
5.3 Illustrates the meaning and characteristics of associations.
5.4 Differentiates types of social groups.
5.5 Identifies the importance of social institutions.
5.6 Identifies and differentiates various social processes.
5.7 Examines various agencies of socialisation.
5.8 Interprets social change and factors of social change.
5.9 Examines various means of social control.

Chapter - 6 Contemporary Social Concerns
6.1 Identifies various social problems.
6.2 Recognises the term Social Pathology and its characteristics.
6.3 Develops skill in social analysis.
6.4 Examines various social problems, its magnitude and complexity, its causes and consequences and preventive strategies.

Chapter - 7 Human Behaviour
7.1 Identifies the functions of human brain.
7.2 Examines the meaning and characteristics of perception.
7.3 Verifies the role of cognition in human activities.
7.4 Recognises areas of intelligence and its implications.
7.5 Explains the process of learning and its characteristics.
7.6 Demonstrates various types of memory techniques.
7.7 Classifies human needs according to Maslow's theory.
7.8 Describes the meaning and characteristics of attitude.
7.9 Identifies the relevance of motivation as the driving force in human life.
7.10 Recognises the concept of aptitude.
7.11 Identifies elements of creativity and discovers the creativity in them.
7.12 Identifies different types of emotions.
7.13 Compares and contrasts development tasks of various stages of life span.
Chapter - 8 Self Development:
8.1 Identifies the concept of personality.
8.2 Evaluates the determinants of personality.
8.3 Compares and evaluates different theories of personality and identifies different defense mechanisms.
8.4 Identifies the characteristics of a mature personality.

Chapter - 9 Life Skill Education
9.1 Identifies and recognizes life skills and importance of them.
9.2 Identifies and lists 10 core life skills.
9.2a Examines the need for life skill based education and its objectives.
9.3 Develops self awareness through self evaluation and self analysis.
9.4 Develops creative thinking skills.
9.5 Develops critical thinking skills.
9.6 Develops decision making skills.
9.7 Develops problem solving skills.
9.8 Develops communication skills.
9.9 Develops interpersonal skills.
9.10 Develops empathy skills.
9.11 Develops skills in emotional management.
9.12 Develops stress management skills.